

Redbridge Social Prescribing Community Chest Small Grants Programme

Application Guidance for 2022/23

This guidance provides more information about the Redbridge Social Prescribing Community Chest small grants programme for 2022/23.

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Contact Us

We will be holding an **Information Session** on **Wednesday 8th February 11am – 12.30pm** at RedbridgeCVS 2nd Floor, 103 Cranbrook Road, Ilford IG1 4PU

[Book your place](#)

If you are unable to attend and have questions about the process, please contact:

Shaweb Ahmed

Funding and Development Officer RedbridgeCVS

Email shaweb@redbridgecvs.net

Phone 020 3874 4137

1. Introduction

The Redbridge Placed based Partnership (a partnership of health, care, community and voluntary sector organisations and the London Borough of Redbridge) is committed to supporting the Voluntary and Community Sector to deliver services and activities that support engagement of residents to improve their health & wellbeing.

This is a pilot programme running for 2022/23 to support small to medium-sized charities, organisations, community groups, and social enterprises (VCFSEs) to deliver activities for community members around specific needs that have been identified across the borough; these needs are directly linked to health inequalities.

This guidance will provide an overview of the Community Chest grants, as well as how to apply.

Summary

Fund Name	Funding amounts	Who is this fund for?	What is this fund for?	When to apply?
Redbridge Social Prescribing Community Chest	£500 - £2,000 £2,000 - £5,000 £5,000 - £10,000 <i>More information on what can be funded within these increments is detailed later in this pack. These are guided thresholds.</i>	Small charities, organisations, community, faith groups, and social enterprises with an annual income under £50,000 per year. Medium charities, organisations, community, faith groups, and social enterprises with an annual income of under £250,000 per year with reserves for 6 months running	Activities undertaken by community organisations for beneficiaries Training, system improvements, materials to undertake activities A proportion of overhead costs can be included	The deadline to apply is Tuesday 28th February 2023 at 5pm. Awards will be made in the 2022/23 financial year for activities delivered between April – July 2023.

		costs		
		Structured groups of community residents, or community associations		

2. Who can apply

Applications are accepted from any constituted voluntary, community or recreational group working within the Redbridge Place based Partnership. These are typically the following organisations:

- Registered charity or Charitable Incorporated Organisation (CIO)
- Charitable company or Social Enterprise (companies must have asset locks, be wholly not-for-profit and without share capital)
- Community Interest Company (CIC)
- Company limited by guarantee (companies must have asset locks, be wholly not-for-profit and without share capital)
- Cooperative and Community Benefit Society
- Structured groups of local residents who have formed for a specific purpose.
 - These community groups may wish to be supported by a larger charity, organisation, or social enterprise to manage and deliver their activities, where capacity is limited.
 - If you need to talk to us about how you could set this up, please contact us (details on the first page of this document).

Applicants must:

- Have a constitution, registration number, or in the case of structured groups of residents, an outline of the group's aims/guiding principles.
- Have a bank account held in the name of the organisation, or a nominated bank account which the funding can be paid into.
- Have an appropriate level of insurance coverage for their project and activities.
- Have appropriate safeguarding policies and procedures for their project activities.
- Small charities, organisations, and social enterprises will have an annual income of less than £50,000.
- Medium charities, organisations, and social enterprises will have an annual income of less than £250,000.
- Demonstrate that at least 80% of the people benefiting from the project will

be Redbridge residents.

3. When to apply

The deadline to apply for a grant is **Tuesday 28th February 2023 at 5pm**. Applications can be made any time during this period. All projects must start before the end of April 2023 and must be completed by the end of July (maximum 4 months).

Applications to be submitted by	For projects delivered between	Applicants notified of outcome by*
Tuesday 28 th February 2023 at 5pm	1 st April – 31 st July 2023	Monday 20 th March 2023

*indicative

You will not be able to submit your application after the closing date. Please ensure that you have given yourself enough time to gather all of your relevant documents to submit your application, and factor in time for potential technical problems. If your application is missing documentation that is required and not submitted on request, your application may not be able to be considered. Please read the list of documents required, carefully and ensure all required documents are submitted.

If you need support with gathering these documents, please contact Shaweb Ahmed Funding and Development Officer RedbridgeCVS by email shaweb@redbridgecvs.net or by phone on 020 3874 4137.

Key information:

- While you can submit an application at any time, applications will only be assessed at the Panel meeting after the deadline on 28th February 2023 at 5pm.
- You will be notified by email if your application is approved, or unsuccessful.

4. Aims and priorities

The Redbridge Social Prescribing Community Chest Grants Programme focuses on providing support to residents of Redbridge who are most at risk of health inequalities.

Funding themes and population groups in need have been identified through a priority setting process, which took into account population needs of residents going through community engagement processes in Redbridge.

How this funding links to community engagement across Redbridge

The aim of this fund is to support the existing social prescribing services in Redbridge to refer residents onto activities taking place in the community. This fund is for organisations who don't typically access council or NHS funding. It aims to build collaborative working between community engagement systems and voluntary and community organisations.

Social prescribing is when health professionals in the NHS refer patients to support in the community, in order to improve their health and wellbeing through activities that will address their needs. For example, a social prescriber might refer someone who is isolated onto a face-to-face befriending service offered by a community group.

Being familiar with social prescribing services is not a requirement for applying to the fund, however we would encourage you to attend the [Information Session](#) on **Wednesday 8th February between 11am – 12.30pm** to find out more.

We also want voluntary organisations, community groups, and social enterprises that are funded to be able to accept residents who self-refer onto activities that are being delivered.

5. What we can fund

Redbridge is looking for voluntary organisations, community groups, and social enterprises that deliver activities in the following areas. These priorities were identified through gathering data and insight about what community activities Redbridge could benefit from funding with this small grants programme.

- **Column 1 Core theme** outlines the priority themes that have been selected for this fund.
- **Column 2 Cohort and population groups in need** are population groups that have been identified in need of community support in Redbridge currently.
- **Column 3 Example activities** that would benefit the community have been identified. However, we welcome applications from new and innovative ideas that don't fit within the example activities.

Core theme:	Cohort/population groups in need:	Examples of type of activities could include:
Cost of Living (i.e., housing, food, debt, health care, energy, education, and transport)	<ul style="list-style-type: none"> • All age groups (but with a particular focus on families with children and the elderly) 	<ul style="list-style-type: none"> • Advice and guidance to support increased cost of living • Form filling sessions (e.g., welfare benefits) • Financial literacy sessions • Support to people on housing waiting lists (e.g., specialist support sessions)
Learning Difficulties and Disabilities	<ul style="list-style-type: none"> • Adults (with a particular focus on those with a later life diagnosis) • Young people transitioning into adult services • People who don't classify as disabled, but still require support • Support for families/carers of an adult/young person with learning difficulties/disability 	<ul style="list-style-type: none"> • Support with transitioning • Support with adult-stage diagnosis • Social activities (e.g., art therapy, peer support) • Befriending
Mental Health	<ul style="list-style-type: none"> • Adults (with a particular focus on those dealing with crisis and long term mental ill health i.e., depression, low mood) 	<ul style="list-style-type: none"> • Befriending • Dementia support • Social activities (physical exercise, wellbeing groups)
Elderly People	<ul style="list-style-type: none"> • All (with a particular focus on hospital discharge) 	<ul style="list-style-type: none"> • Direct link with social prescribing to support elderly people being discharged from hospitals • Befriending • Social activities (wellbeing groups, peer support)

		<ul style="list-style-type: none"> • Advice and guidance including form filling
Asylum Seekers and Refugees	<ul style="list-style-type: none"> • All age groups 	<ul style="list-style-type: none"> • Social activities (wellbeing groups, peer support) • Specialist support (immigration, financial, housing advice) • Food poverty (access to kitchen to prepare food, hot food foodbanks, culture-based foodbanks)

Funding increments

The following funding increments have been identified as a guide. If your project cost fits between the funding amounts outlined below, please do not hesitate to apply. As long as reasoning is provided for the scope and timeline of the activity, the amount funded is flexible. The below is provided as guidance for ideas only.

Amount	What could this fund do?
£500 - £2,000	<ul style="list-style-type: none"> • A one-off activity for beneficiaries (e.g., a one-day workshop or event) • Purchasing of materials to support activity delivery
£2,000 - £5,000	<ul style="list-style-type: none"> • A series of activities delivered over a maximum of 4 months for beneficiaries • Support to a specific cohort or group needing community support • Piloting a new way of working

£5,000 - £10,000	<ul style="list-style-type: none"> • A series of activities delivered over a few months to test a longer-term programme • Training/system improvements/material purchasing etc. to support your organisation or group to increase capacity and learning about collaborative working with social prescribing services
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What we encourage from applicants

- Projects that centre the lived experience of residents in the work they are doing
- Projects that are designed and delivered directly with/by community members
- Projects that specifically aim to support the process of social prescribing that exist in Redbridge, even if you have never engaged with these before.

What we can help with

- Advice on the application process by attending the Information Session on 8th February 2023 between 11am – 12.30pm or contacting us for a 1-1 chat.
- If you need to collaborate with another community or voluntary sector organisation, please contact us to discuss this (see page 1 for contact details).
- An Introduction Session will be held at the start of the grant for all awardees.

6. What we can't fund

- Applications that do not meet the programme eligibility criteria.
- Retrospective applications – when the project has already taken place. Groups must ensure that their project begins by the end of April 2023 and is complete by the end of July (maximum 4 months).
- Applications for projects lasting beyond the end of July 2023 (this is a pilot fund, so the timeframe for activity delivery is shorter than usual).
- If you are unsure about any itemised costs you plan to apply for, please contact us (see page 1 for contact details).

Monitoring and reporting

All funded organisations will be asked to monitor and report on their funded activities in a very simple way, through a form provided by Redbridge Place based Partnership. More detail on this is provided in the application form in section 2.9 'monitoring outcomes'.

We encourage applicants to gather quotes, photos, videos and other supporting information to illustrate the success and impact of their activities to tell a rich story of the exciting work they have done.

7. How to apply

- To apply for the Redbridge Social Prescribing Community Chest Grant Programme [please follow this link](#).
- If you have any access needs or requirements to submit your application in a different way, please contact us (see page 1 for contact details).

8. How will your application be reviewed?

After doing eligibility checks, applications will be reviewed by a Panel of stakeholders from Redbridge Place based Partnership. Applications will take into account key considerations such as equalities, how your proposed work fits into the fund priorities, and spread around the borough.

9. Key tips

- Ensure you have all the information ready in order to submit your application.
- You can see the questions you'll be asked on the questions document, plus further tips as to what we are looking for.

Need more help?

Join the **Information Session** on **Wednesday 8th February between 11am – 12.30pm** to find out more.

[Book your place](#)

Contact us if you have general questions about the programme and your eligibility, questions about the application system or you need to book a 1-2-1 application session:

Shaweb Ahmed, Funding and Development Officer RedbridgeCVS

Email: shaweb@redbridgecvs.net

Phone: 020 3874 4137