**Working with nature /Thinking like a tree**

**A 2 day Introduction to Permaculture**

**Thurs 22nd and Fri 23rd February 2018 in Ilford**

A natural system, like a woodland, keeps itself going. It doesn’t need weeding, or fertiliser. How does it do that, and can we learn from it? Can we work with nature to create truly sustainable systems?

The principles of permaculture can help you design your garden, your balcony, your lifestyle – even a community group. The idea of Transition Towns is based on Permaculture.

Permaculture can help you to choose when to tread lightly and when to leave your mark.

This course will be led by Phil Mason and Ros Bedlow, and will be held at a private address in Ilford. The address will be provided when you have booked.

It is essential to book, and to attend both days of the course.

Fees: £60 waged, £30 unwaged. We will send you a booking form, with details of how to pay.

We’ll be asking everyone to bring some food to share for lunch.

To book or for further information, please contact Ros Bedlow: [rosbedlow@hotmail.com](mailto:rosbedlow@hotmail.com) or Phil Mason: [hiphil@btinternet.com](mailto:hiphil@btinternet.com)

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