

Our mission is to promote and support a strong, independent and voluntary and community sector in Redbridge.



Sikh Community Care Project open their refurbished centre

Our mission and aims

- Aims**
- Redbridge voluntary and community sector to be strong partners when working with local statutory bodies and promoting a positive vision of Redbridge.
 - Redbridge voluntary and community sector to maintain its independence and flexibility.
 - RedbridgeCVS to be a credible and authoritative representative of the voluntary and community sector.
 - RedbridgeCVS to be able to respond to Redbridge voluntary and community sector support and development needs, enabling Redbridge's voluntary and community sector to grow to meet local needs.
 - RedbridgeCVS to encourage, support and facilitate the development of sustainable communities.
 - RedbridgeCVS to provide sound planning for sustainability in order to continue the furtherance of our work with the voluntary and community sector in Redbridge.

RedbridgeCVS

Annual Report

2013-14

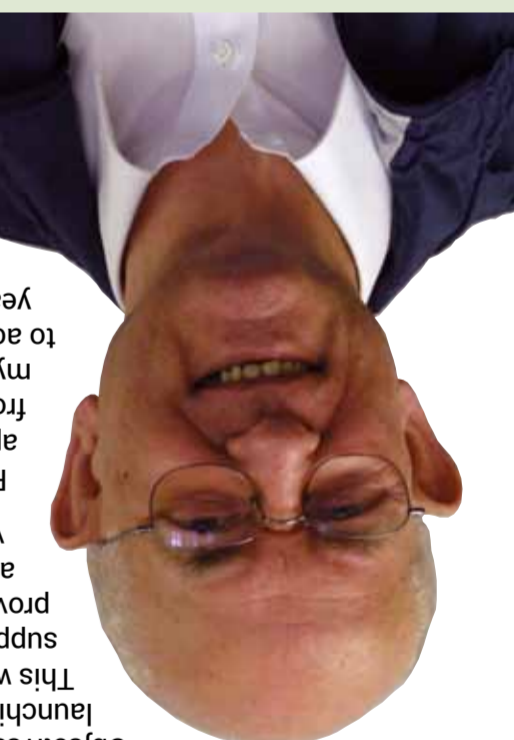


RedbridgeCVS

Forest House
16-20 Clements Rd
Ilford
IG1 1BA

020 8553 1004

info@redbridgecvs.net
www.redbridgecvs.net
@redbridgecvs



Brian Spinks
Chair of Trustees

Towards the latter part of the year we began a process of reviewing our membership structure and our fundamental Aims and Objectives. As a result of this process we will be launching our new Strategic Plan in 2014/15. This will reflect our ongoing commitment to supporting local voluntary action and should provide us with the tools to ensure we remain able to inspire and support a caring and vibrant Redbridge.

Finally, I would like to give my thanks and appreciation for the hard work and support from our staff, volunteers, stakeholders and my fellow trustees – all of whom helped us to achieve a very strong set of results for the year.

Chair's Report

Welcome to our new look Annual Report for 2013/14. This is a smaller and less glossy 'document than in previous years. This isn't a reflection of any reduction in the services we offer to local communities, but actually is because our services continue to expand. Trying to fit everything we do into a single document seemed an impossible task so we decided to use this year's report to give you an overall flavour of all that we do – and to give you a document you could carry home without risking back injuries...

2013/14 was a year that seemed to fly by at great speed, leaving us barely time to draw breath. There were many interesting developments locally during the year, some positive and others less so... but we are still here and still determined to support a thriving voluntary and community sector in Redbridge. We have embedded charging for some of our courses and services and groups continue to make use of our services, despite facing their own challenges and, as a result of our securing contracts to deliver employment and skills support across a range of London boroughs, our turnover was at an all time high.

2013/14 was another positive year for RedbridgeCVS – even though the voluntary and community sector that we exist to serve faced another difficult twelve months.

Despite the financial challenges that confront us all in securing ongoing funding for our work, RedbridgeCVS was able to increase the range of support services we are able to offer to local groups. This included expanding the "Community Fundraiser" service, developing a network of "Health Buddies" and offering a wider range of training courses. These are just a few examples of the innovative ways that we are working to help local voluntary and community groups to survive and even thrive in these highly challenging times.

We know that we in the voluntary and community sector will continue to face tough challenges in the years ahead – with increasing demand and decreasing resources – and RedbridgeCVS is determined to do all that we can to show how our sector provides innovative, cost-effective and crucial services to local people so that we can help Redbridge to be the best that it can be.

Ross Diamond
Chief Officer

Chief Officer's Report



Statement of Financial Activities for the Year Ended 31 March 2014

	Unrestricted Funds	Restricted Funds	Total 2014	Total 2013
Incoming Resources				
Incoming Resources from Generated Funds				
Generated income	59,068	-	59,068	26,360
Investment income	3,921	-	3,921	4,305
Incoming Resources from Charitable Activities				
Grants	99,626	1,803,700	1,903,326	1,546,223
Total incoming resources	162,615	1,803,700	1,966,315	1,576,888

Resources Expended				
Cost of Generating Funds				
Charitable activities:				
Costs in furtherance of charity's objects	165,263	773,731	938,994	984,152
Delivery of contracts	-	986,360	986,360	516,178
Governance costs	6,748	588	7,336	13,323
Total resources expended	172,011	1,760,679	1,932,690	1,513,653

Net incoming resources for the year	(9,396)	43,021	33,625	63,235
Transfers	45,200	(45,200)	-	-
Brought forward – beginning of year	210,579	546,986	757,565	694,330
Carried forward – end of year	246,383	544,807	791,190	757,565

Accounts

Income and Expenditure Account for the Year Ended 31 March 2014

	2014	2013
Income	£ 1,966,315	£ 1,576,888
Expenditure	(1,932,690)	(1,513,653)
Income less expenditure	33,625	63,235
Brought forward – beginning of year	757,565	694,330
Carried forward – end of year	791,190	757,565

Balance Sheet as at 31 March 2014

	2014	2013
Fixed Assets	£	£
Tangible assets	8,767	13,810
Current Assets		
Debtors	286,133	436,092
Cash in bank and at hand	987,596	834,657
	1,273,729	1,270,749
Creditors: amounts falling due within one year	(491,306)	(526,994)
Net current assets	782,423	743,755
	791,190	757,565

Reserves		
Restricted funds	544,807	546,986
Unrestricted funds	246,383	210,579
	791,190	757,565

The information presented here is extracted from the Trustees' Report and Financial Statements for the Year Ended 31 March 2014. The full report with detailed financial information and the auditor's report is available on our website at www.redbridgecvs.net, or call 020 8553 1004 to have a copy posted to you.

Fit for Fun

Over 600 local people took part in the project, improving their health by exercising with a community group.

"The exercises are very good and helped me with my weight loss and improved stamina."

Rani, 55

"I used to suffer with knee pain and leg aches – line dancing has helped me to move around more freely and to relax."

Aray, 54



Volunteer Centre Redbridge

320 volunteers placed with organisations.

Advice and guidance given to **3,880 people** interested in volunteering.

17 people got jobs through volunteering.

"You've found us 4 trustees – that is very good going. Given their knowledge and skills, we couldn't have found these trustees without your help. It is a tribute to the Volunteer Centre. Thanks for your help."

Vicarage Lane Play Park

92 people were also trained in how to respond in a medical emergency.



Information Services

We sent out **51 weekly mailings**, each to **over 700 people**, including news, events, jobs and funding opportunities.

We publicised **over 430**

events by and for local community groups.

Representatives of

65 community organisations attended our monthly network meetings during the year.



Redbridge Police Community Engagement Group (RPEG)

RPEG ran **4 public meetings** involving local police and **20 community organisations**. The meetings discussed betting shop licensing, prostitution, number plate recognition and mental health issues.

"RedbridgeCVS has a good network of community links and ensures widespread distribution of information and consultations. They encourage and facilitate effective dialogue to ensure that emerging issues are identified and action taken."

Sue Williams, Borough Commander



TB Awareness

78 TB awareness sessions were delivered to **2,313 people** in Redbridge in Hindi, Urdu, Punjabi, Gujarati, Bengali, Tamil, French and English.

11 local people were recruited and trained as Health Buddies.

110 local people attended our World TB Day health awareness event on 24 March, 85 of whom had health checks including 17 who were referred to their GPs for further support.



Fundraising Support

£493,695 grant funding was raised for local groups.

51 representatives attended our Meet the Funder session on 5 June, when Lloyds TSB Foundation shared information about their grant programmes.

"Going through a particularly difficult funding application with Ola was very useful – learning how to structure responses and put it into 'funding bid speak'...We just found out that we got the Reaching Communities grant you helped us work on! We're so happy! Thank you so much for your help. You're a star!"

Forest Farm Peace Garden



Psychological Health

We continue to work with **ethnic minority community groups** to raise awareness of issues around **anxiety, dementia** and **depression**.



"The course has helped me to understand what mental health crisis is and who to contact rather than sit in the A&E. It was a well organised course, with excellent speakers and facilitators. Overall brilliant mental health awareness."

About Us

Registered Office
3rd Floor Forest House
16-20 Clements Road
Ilford
IG1 1BA

Bankers
HSBC
126 High Road
Ilford
IG1 1DA

Caf Bank Limited
25 Kings Hill Avenue
West Malling
Kent ME19 4TA

Solicitors
Russell-Cooke
2 Putney Hill
London SW15 6AB

Auditors
Appleby & Wood
40 The Lock Building
72 High Street
London E15 2QB

Charity Number
1005075

Company Number
2569614

Annual Report
Editor: Ross Diamond
Design and production:
Colin Wilson

Health Partnerships

Over 150 representatives from community organisations took part in two meetings with senior managers from the local NHS and public health.

Over 380 local residents from South Asian communities told us about how they use A&E, helping us make proposals for better use of NHS resources.

"The voluntary groups meetings are going very well and have been extremely helpful in appreciating what the sector is doing, and also my understanding about Redbridge."

Khalil Ali, Vice-Chair and Lay member representative for Public and Patient Engagement, RedbridgeCCG

Employment and Skills Team

531 unemployed people found jobs with our support.

246 people were employed for six months or longer.

"I really lost hope after my redundancy, it gets to you when you apply for jobs and don't hear anything back. I wasn't aware of projects like this until they helped my wife find work. I am very happy to be working and to have the opportunity to be a manager again."

Darren Dowlit



Training

124 people from 55 local community organisations

attended the **22 training courses** we ran. Our friendly, small group training covers topics from assertiveness to social media.



"Thank you so much for leading what was the best course I have ever attended. It was so very helpful, but additionally what made it special was how welcome both you and the other attendees made me feel."

We are funded by



Our Staff

- **Aqida Abbasi**
Health Buddy
- **Tracy Andrews**
Fit for Fun Project Coordinator
- **Martyn Callender**
Employment and Skills Team Manager
- **Shaida Dar**
Employment and Skills Team Subcontractor Manager
- **Sherri Dempsey**
Employment and Skills Team Projects Officer
- **Ross Diamond**
Chief Officer
- **Nilda Dias**
Employment and Skills Team Trainee Projects Officer
- **Yeva Dobrovolska**
Employment and Skills Team Training Officer
- **Karolina Dylewska**
Administration Officer
- **Chrissi Eibisch**
Employment and Skills Team Admin and Monitoring Manager
- **Ecaterina Erju**
Employment and Skills Team Trainee Projects Officer
- **Nargis Farzana**
Health Buddy
- **Sandra Fennelly**
Health Buddy
- **Lorna Grazette**
Employment and Skills Team Administrator
- **Milton Hamilton**
Employment and Skills Team Job Brokerage Worker
- **Brenda James**
Employment and Skills Team Project Officer
- **Sabina Jaulim**
Health Buddy
- **Krthika Kalpathi Subramanian**
Volunteering Brokerage Worker (temporary)
- **Ola Kanu**
TB Awareness Project Coordinator/Community Fundraiser
- **Dildar Khan**
Health Buddy
- **Malini Kotecha**
Health Buddy
- **Baljit Manku**
Employment and Skills Team Project Coordinator
- **Binal Mehta**
Health Buddy
- **Gian Marco Milazzo**
Employment and Skills Team Job Brokerage Coordinator
- **Adiilah Moosafeer**
Health Buddy
- **Trish Mossey**
Training Manager
- **Nisema Patel**
BAME Psychological Health Community Development Worker
- **Armenella Peake**
Employment and Skills Team Trainee Projects Officer
- **Liz Pearce**
Operations Manager
- **Dijon Pitt**
Employment and Skills Team Apprentice Administrator
- **Harjit Sangha**
Finance Manager
- **Grace Serrao**
Health Buddy
- **Ghandi Sooriyakumar**
Health Buddy
- **Bushra Tahir**
Health Buddy

- **Jyoti Tandel**
Finance Assistant
- **Suresh Vasishtha**
Health Buddy
- **Bojana Vojinovic**
Volunteering Brokerage Worker
- **Swati Vyas**
Health Partnerships Officer
- **Liz Walker**
Manager, Volunteer Centre Redbridge
- **Colin Wilson**
Information Officer

Our Volunteers

- **Temitayo Adisa**
- **Esther Akomeah**
- **Robert Cohen**
- **Nilda Dias**
- **Nargis Farzana**
- **Naseema Khaliq**
- **Dipa Kotecha**
- **Robert Lamb**
- **Amerdev Luggah**
- **Betsie Mbalu**
- **Sarita Mohur**
- **Samia Nneji**
- **Safeera Patel**
- **Armenella Peake**
- **Marie Roache**
- **Lynne Rochford**
- **Graca Serrao**
- **Adhiraj Sodhi**
- **Derri-Jane Somerset Liquorish**
- **Hinga Stitcher**
- **Krithika Kalpathi Subramanian**
- **Piotr Tatarczuk**
- **Vanessa Theed**
- **Angela Walkes**
- **Lisa Wilsher**
- **Apellonia Wilson**

Our Board

- **Brian Spinks**
Chair
- **Neil Zammett**
Vice Chair, left board November 2013
- **Keith White**
Vice Chair from November 2013
- **Ali Qureshi**
Treasurer
- **Ram Bhandari**
- **Bashir Chaudhry**
- **Valerie Cummins**
- **Mandeep Ghabari**
- **Valrie Gittens**
- **Clr Brian Lambert**
Local authority observer