

# Helping people volunteer, and helping organisations find and work with volunteers

## Volunteer Centre Redbridge

The Volunteer Centre supports people who live, work or study in Redbridge to find suitable volunteering opportunities. The Centre also helps voluntary and statutory sector organisations that use volunteers.

# Working with the public sector to improve services

## Consultations

We publicise consultation exercises, for example by public sector bodies, and help voluntary and community organisations respond to them.

## Compact

The Redbridge Compact is a local agreement between the voluntary sector and public sector bodies like the Council, NHS and police. The Compact aims to promote trust, co-operation and improved relationships.

## Redbridge Safer Communities Partnership

The RSCP works to reduce local crime and disorder, to reduce fear of crime and to reduce the harm caused locally by drug and alcohol misuse. The partnership includes the police, Redbridge Council, other public services and RedbridgeCVS.

## Public and Voluntary Sectors' Partnership (PaVSP)

The Partnership develops relationships between the voluntary and public sectors. The PaVSP is made up of councillors, representatives from the voluntary sector and from Redbridge CCG, the police and fire services.

More information

[www.redbridgecvS.net](http://www.redbridgecvS.net)

020 8553 1004



# Our Services

May 2020



- We're a charity
- We support local community groups
- We work with public services
- We support volunteering
- We help local people improve their health

## Support for community and voluntary groups

### Email bulletins and newsletters

Our weekly email bulletin includes news about local groups, training opportunities and other events, jobs and funding opportunities.

### Training

Affordable, friendly, high-quality training courses, delivered with Redbridge Institute, rated “outstanding” by Ofsted. This year we have more ½ day and IT courses.

### Funding and development

Our Funding and Development Officer helps small groups raise funds and apply for grants, and helps groups organise their work effectively so their funding bids are more likely to succeed.

### Voluntary Sector Network

Monthly meetings where people from local voluntary groups hear public and voluntary sector speakers, and discuss current issues.

### Help with IT

IT plays a vital role in helping groups organise and promote their work, and show the value of what they do – but it can be expensive and complicated. We provide IT training and free “healthchecks”, and can help groups set up a Facebook page or website.

### Help with managing your organisation

Support with issues including the policies you need, planning for your organisation’s future and ensuring it’s sustainable.

### Printing and copying

We can make copies and print from computer files, in black and white or colour, A4 or A3, including folding and stapling – we provide good quality at affordable prices.

### Young Londoners’ Fund Network

The Young Londoners Fund is helping children and young people to fulfil their potential, particularly those at risk of getting caught up in crime. It supports local community projects providing activities for young Londoners. RedbridgeCVS and Community Waltham Forest run the Young Londoners Fund local network for our two boroughs.



## Local group? Please join!

**We invite all local charities and community groups to join RedbridgeCVS. Membership is free. Some services are available only to members. When we charge a fee for a service, members receive a discount.**

## Working with the NHS and community groups to keep people healthy

### Health partnerships

We aim to enhance relationships between the NHS and the many voluntary groups in Redbridge working to improve the health of local people.

### Fit for Fun

Our Fit for Fun project provides 20 weeks of free exercise classes for local community groups. Groups can choose from a wide range of activities.

### Health and Wellbeing Buddies

Our team of community-based “Health Buddies” visit groups to raise awareness of a range of health issues, including TB and HIV.

### Social Prescribing

GPs refer patients to RedbridgeCVS, where staff assign them to a Social Prescribing Advisor and a Health and Wellbeing Buddy who support them in accessing a range of non-medical, community-based services. The service is available to patients in Redbridge who feel low, sad or anxious, feel lonely or who have type 2 diabetes.

### Health and Wellbeing Board

The Health and Wellbeing Board brings together staff from the local council, NHS and voluntary sector to improve the health and wellbeing of local people and to reduce inequalities. Our Chief Executive Officer sits on the board as a voluntary sector representative.

### Community Cancer Champions

This six-month project, in collaboration with the NHS and local community groups, aims to raise awareness of national cancer screening programmes for breast, cervical and bowel cancers and to recognise the signs and symptoms of lung and prostate cancers.



**More  
information**

[www.redbridgecvs.net](http://www.redbridgecvs.net)

**020 8553  
1004**